

SUBJECT

# STAIRS

## design and detailing

Building Construction Illustrated, ch. 9

DATE

SPRING 2012

PROFESSOR

MONTGOMERY





# STAIRS

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power of stairs\_marking entry

arch 1130





# STAIRS

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power of stairs\_public space

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power of stairs\_public space

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power of stairs\_public space

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# STAIRS

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sculpture in a landscape

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# STAIRS

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dramatic means of circulation

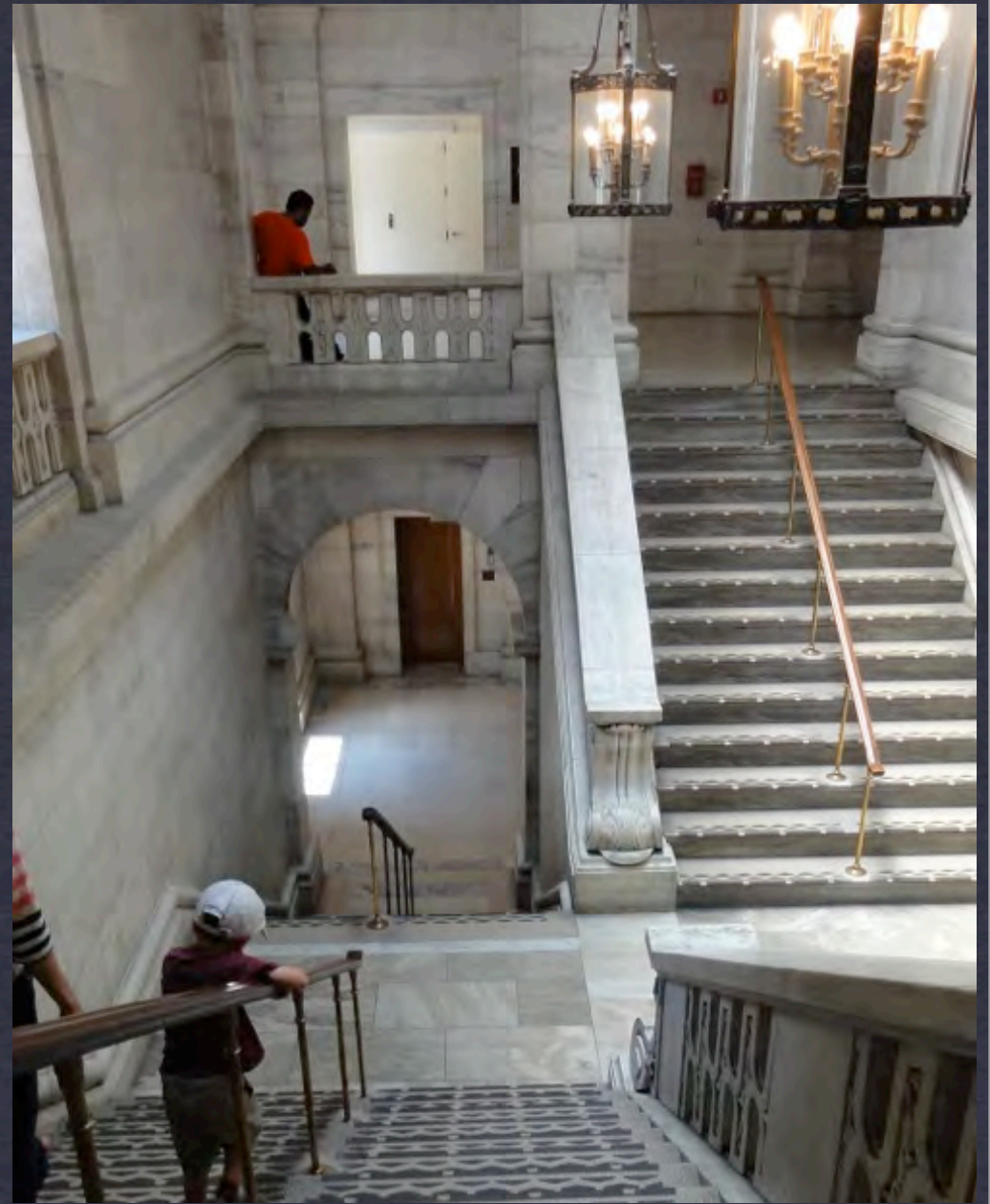
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dramatic means of circulation

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# STAIRS

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design drama

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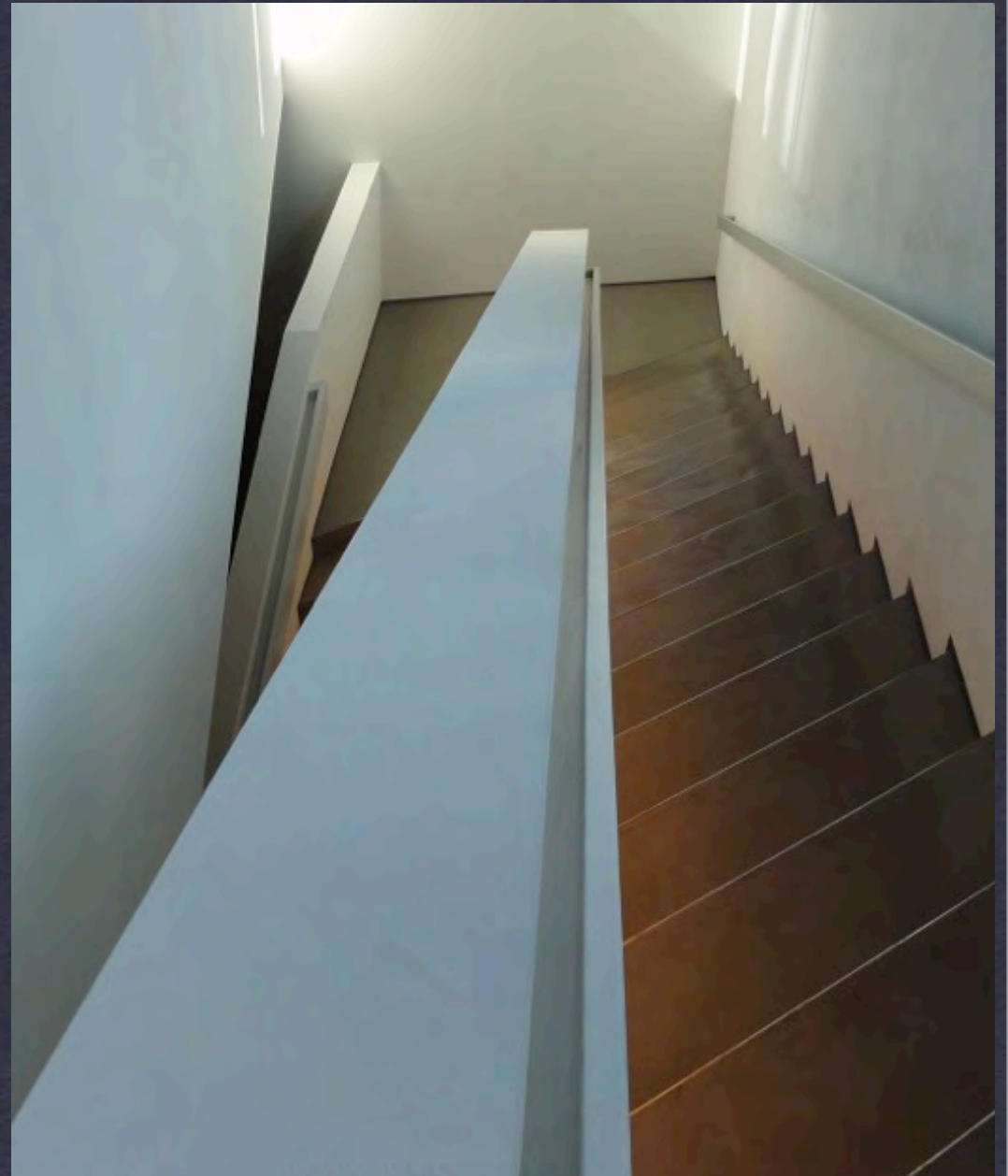
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dynamic movement

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ergonomic design

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# STAIRS

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structural solutions

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# STAIRS

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structural solutions

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dual use

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# STAIR DESIGN + REQUIREMENTS



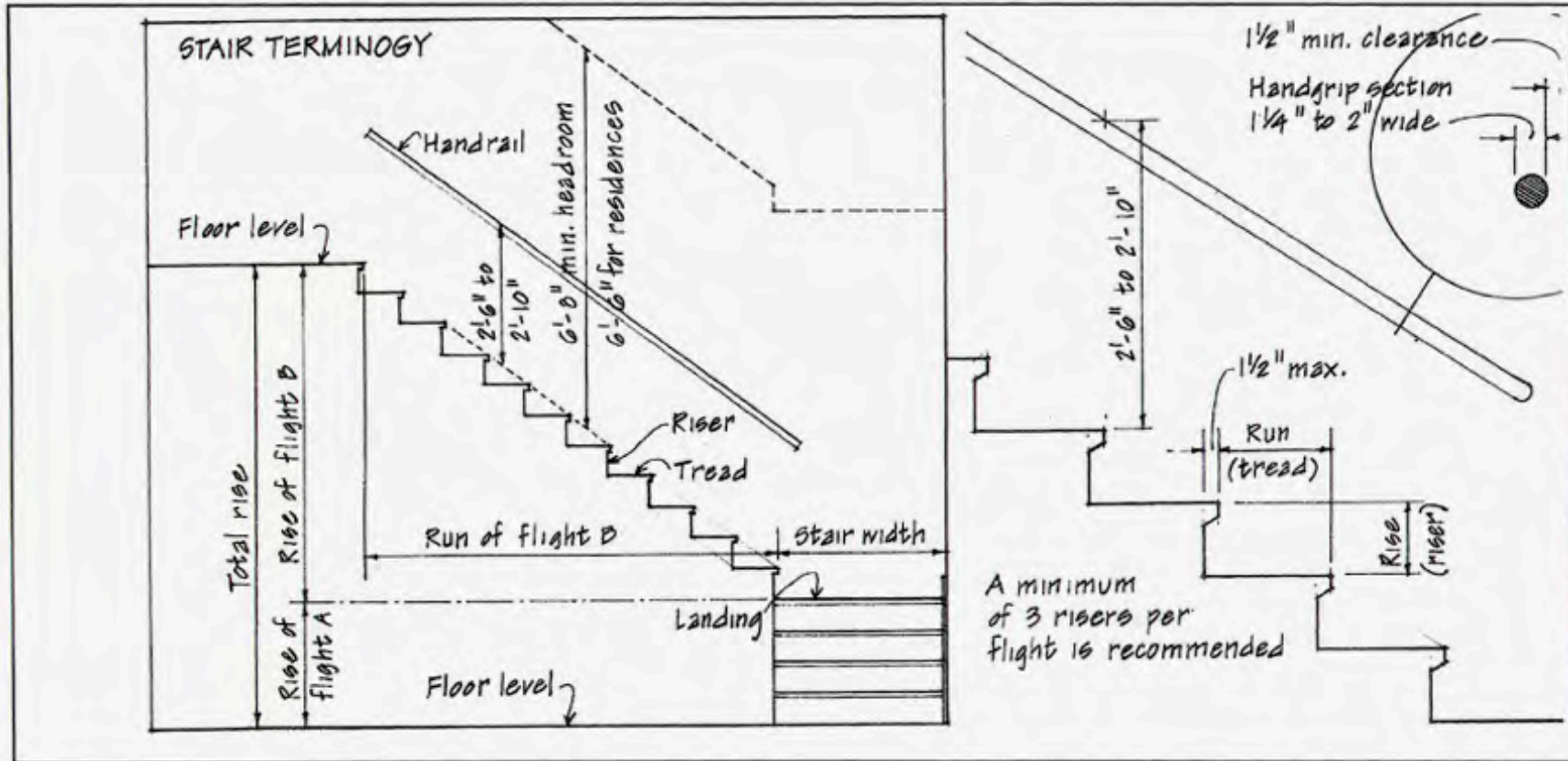
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# Stair Terminology



**STAIRS**

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**stair basics**

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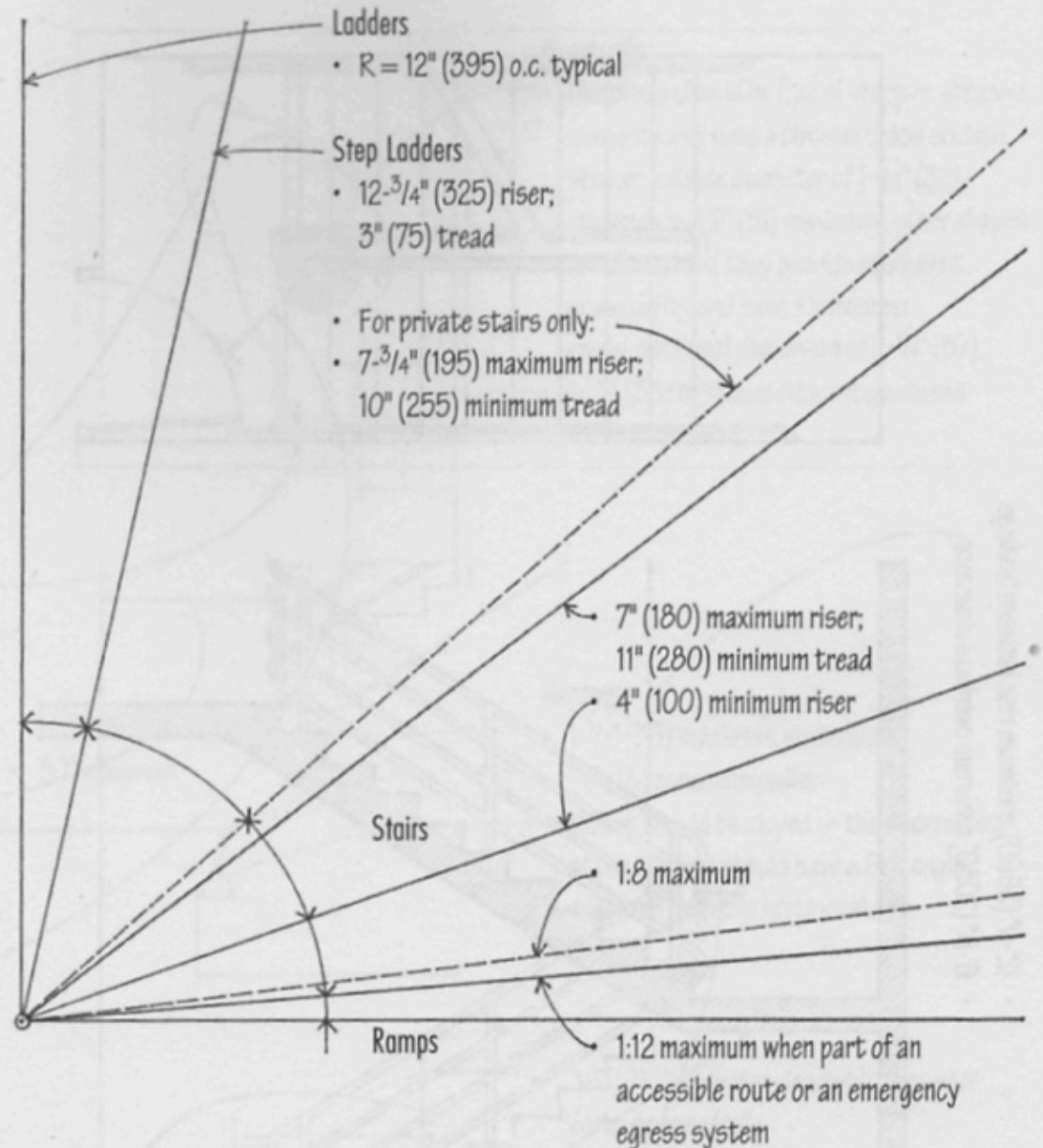
The dimensions of risers and treads in a stairway should be proportioned to accommodate our body movement. Their pitch, if steep, can make ascent physically tiring as well as psychologically forbidding, and can make descent precarious. If the pitch of a stairway is shallow, its treads should be deep enough to fit our stride.

Building codes regulate the minimum and maximum dimensions of risers and treads; see 9.04–9.05. For comfort, the riser and tread dimensions can be proportioned according to either of the following formulas:

- Tread (inches) + 2x riser (inches) = 24 to 25
- Riser (inches) x tread (inches) = 72 to 75

Exterior stairs are generally not as steep as interior stairs, especially where dangerous conditions such as snow and ice exist. The proportioning formula can therefore be adjusted to yield a sum of 26.

For safety, all risers in a flight of stairs should be the same rise and all treads should have the same run. Building codes limit the allowable variation in riser height or tread run to  $\frac{3}{8}$ " (9.5 mm). Consult the building code to verify the dimensional guidelines outlined on this and the following page.



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the pitch of the stair

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- The actual riser and tread dimensions for a set of stairs are determined by dividing the total rise or floor-to-floor height by the desired riser height. The result is rounded off to arrive at a whole number of risers. The total rise is then redivided by this whole number to arrive at the actual riser height.
- This riser height must be checked against the maximum riser height allowed by the building code. If necessary, the number risers can be increased by one and the actual riser height recalculated.
- Once the actual riser height is fixed, the tread run can be determined by using the riser:tread proportioning formula.
- Since in any flight of stairs, there is always one less tread than the number of risers, the total number of treads and the total run can be easily determined.

#### Riser and Tread Dimensions

Riser inches (mm)	Tread inches (mm)
5 (125)	15 (380)
5- <sup>1</sup> / <sub>4</sub> (135)	14- <sup>1</sup> / <sub>2</sub> (370)
5- <sup>1</sup> / <sub>2</sub> (140)	14 (355)
5- <sup>3</sup> / <sub>4</sub> (145)	13- <sup>1</sup> / <sub>2</sub> (340)
6 (150)	13 (330)
6- <sup>1</sup> / <sub>4</sub> (160)	12- <sup>1</sup> / <sub>2</sub> (320)
6- <sup>1</sup> / <sub>2</sub> (165)	12 (305)
6- <sup>3</sup> / <sub>4</sub> (170)	11- <sup>1</sup> / <sub>2</sub> (290)
7 (180)	11 (280)
7- <sup>1</sup> / <sub>4</sub> (185)	10- <sup>1</sup> / <sub>2</sub> (265)
7- <sup>1</sup> / <sub>2</sub> (190)	10 (255)

• Maximum riser height; minimum tread depth for accessible stairs and emergency egress

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# the pitch of the stair

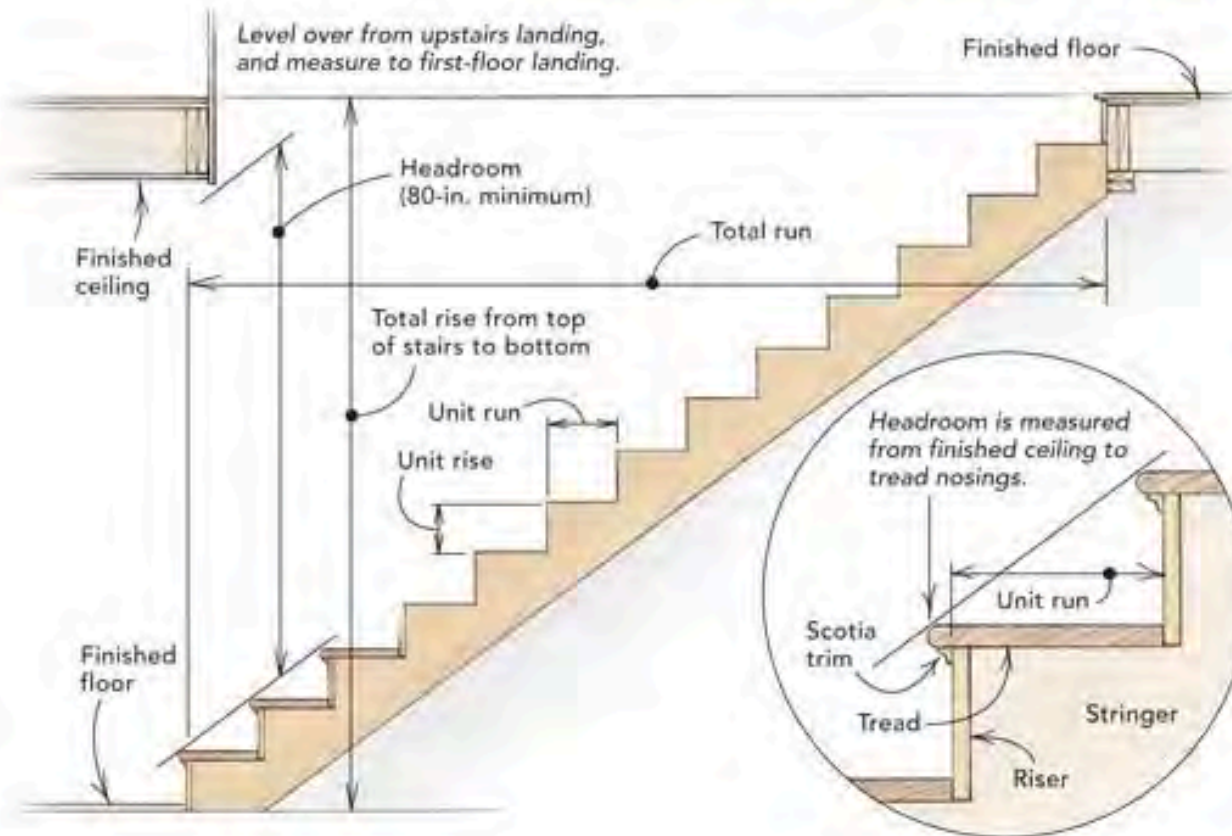
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## STAIR FORMULAS

Two formulas commonly are used to determine the proportions for interior residential stairs. The first, and most common, is  $(2 \times \text{rise}) + (1 \times \text{run}) = 25 \pm 1$ . This formula is incorporated into some build-

ing codes. The other formula is  $(\text{rise}) \times (\text{run}) = 75 \pm 3$ . This formula is used for atypical applications like attic or landscape stairs. The example below shows the calculations for this stairway.



### Rise calculations

$$\begin{array}{rcl} 102\frac{1}{8} & \text{(total rise of stair)} & \\ \div 7 & \text{(approximate riser height)} & \\ \hline 14+ & \text{(number of risers)} & \end{array}$$
  

$$\begin{array}{rcl} 102\frac{1}{8} & \text{(total rise of stair)} & \\ \div 14 & \text{(number of risers)} & \\ \hline 7\frac{5}{16} & \text{(exact riser height)} & \end{array}$$

### Run calculations

$$\begin{aligned} (2 \times \text{rise}) + (1 \times \text{run}) &= 25 \pm 1 \\ 14\frac{5}{8} + (1 \times \text{run}) &= 25 \pm 1 \\ 25 - 14\frac{5}{8} \text{ (2 x rise)} &= 10\frac{3}{8} \pm 1 \\ \text{(Run can range from } 9\frac{3}{8} \text{ to } 11\frac{3}{8}) & \end{aligned}$$

$$13 \text{ unit runs @ } 10\frac{3}{8} = 131\frac{1}{8} \text{ total run}$$

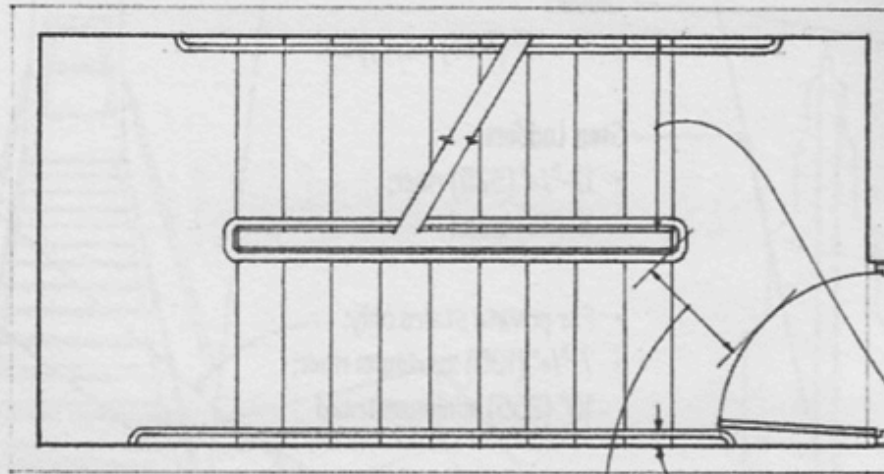
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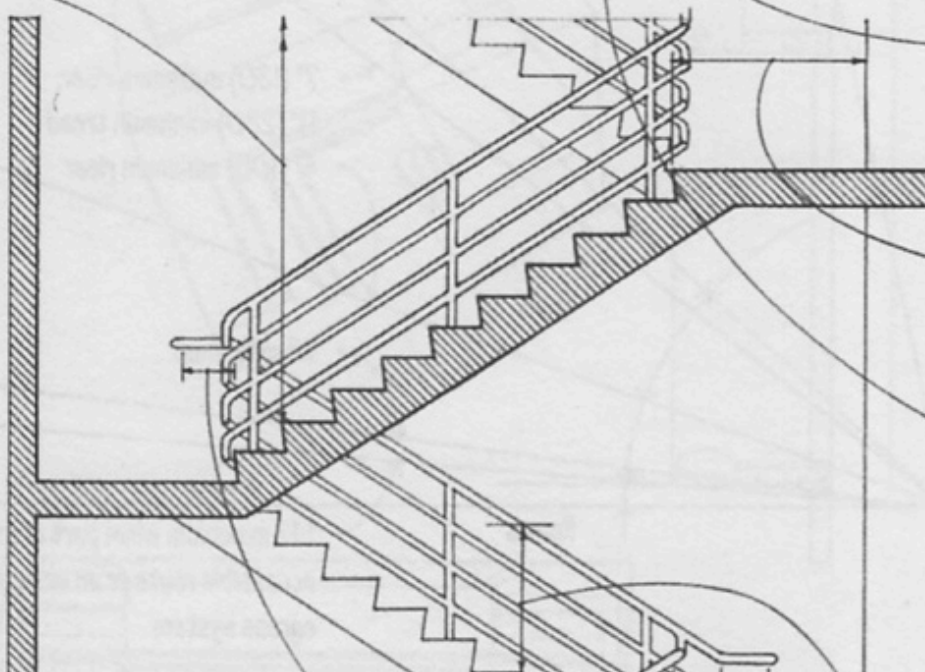
# stair design process

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- 12'-0" (3660) maximum rise between landings
- 6'-8" (2030) minimum overhead clearance



Stairway design is strictly regulated by the building code, especially when a stairway is an essential part of an emergency egress system. Because an accessible stairway should also serve as a means of egress during an emergency, the ADA accessibility requirements illustrated on the next page are similar to those of an emergency egress stairway.

### Stairway Width

- The occupant load, which is based on the use group and the floor area served, determines the required width of an exit stairway. Consult the building code for details.
- 44" (1120) minimum width; 36" (915) minimum for stairways serving an occupant load of 49 or less.
- Handrails may project a maximum of 4-1/2" (115) into the required width; stringers and trim may project a maximum of 1-1/2" (38).

### Landings

- Landings should be as least as wide as the stairway they serve and have a minimum length equal to the stair width, measured in the direction of travel. Landings serving straight-run stairs need not be longer than 48" (1220).
- Door should swing in the direction of egress. Door swing must not reduce the landing to less than one half of its required width.
- When fully open, the door must not intrude into required width by more than 7" (180).

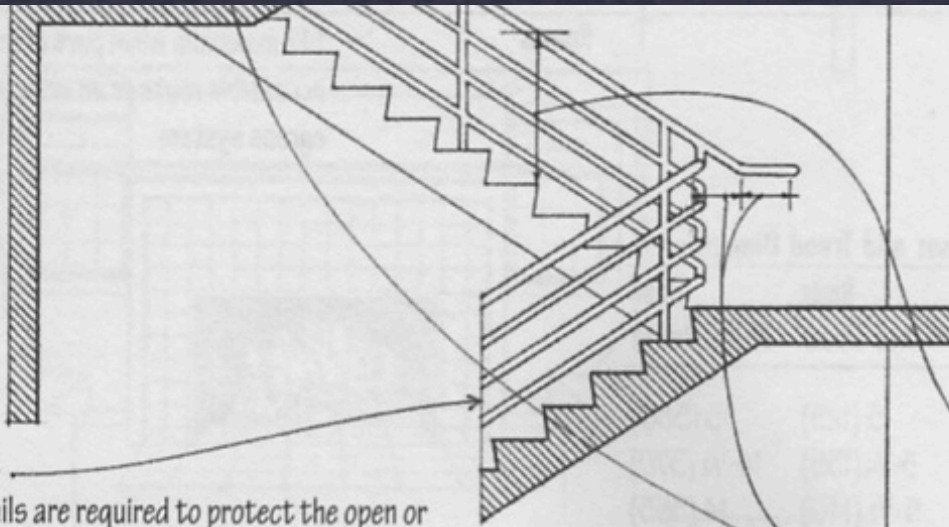
# STAIRS

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# code requirements

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### Guardrails

- Guardrails are required to protect the open or glazed sides of stairways, ramps, porches, and unenclosed floor and roof openings.
- Guardrails should be at least 42" (1070) high; guardrails in dwellings may be 36" (915) high.
- Guardrails protecting the open or glazed side of a stairway may have the same height as the stair handrails.
- A 4" (100) sphere must not be able to pass through any opening in the railing from the floor up to 34" (865); from 34" to 42" (865 to 1070), the pattern may allow a sphere up to 8" in diameter to pass.
- Guardrails should be able to withstand a concentrated load applied nonconcurrently to their top rails in both vertical and horizontal directions. Consult the building code for detailed requirements.

must not reduce the landing to less than one half of its required width.

- When fully open, the door must not intrude into required width by more than 7" (180).

### Handrails

- Handrails are required on both sides of the stair. The building code allows exceptions for stairs in individual dwelling units.
- 34" to 38" (865 to 965) height above the leading edge of the stair treads or nosings.
- Handrails should be continuous without interruption by a newel post or other obstruction.
- Handrails should extend at least 12" (305) beyond the top riser and at least 12" (305) plus one tread width beyond the bottom riser. The ends should return smoothly to a wall or walking surface, or continue to the handrail of an adjacent stair flight.
- See the next page for detailed handrail requirements.

### Treads, Risers, and Nosings

- A minimum of three risers per flight is recommended to prevent tripping and may be required by the building code.
- See the next page for detailed tread, riser, and nosing requirements.
- See 9.03 for tread and riser proportions.

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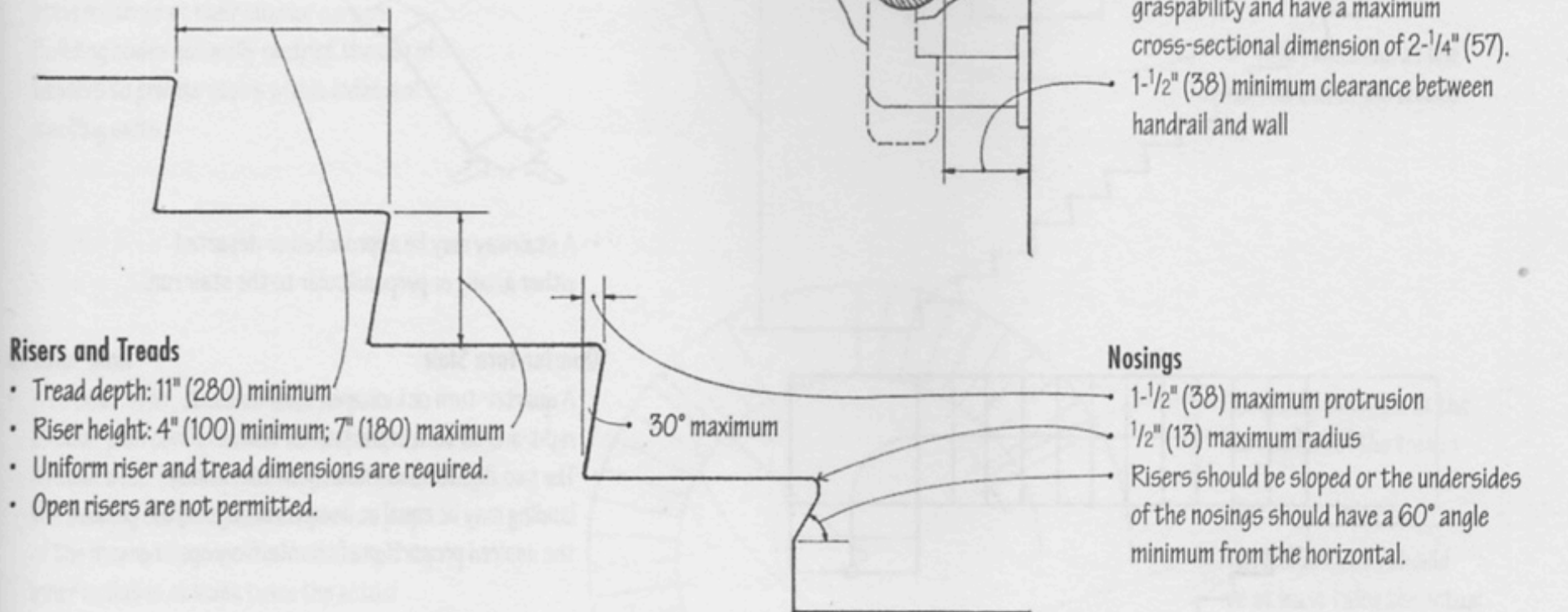
# code requirements

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## ADA Accessibility Guidelines

Accessible stairs should also serve as a means of egress during an emergency, or lead to an accessible area of refuge where people who are unable to use stairs may remain temporarily in safety to await assistance during an emergency evacuation.



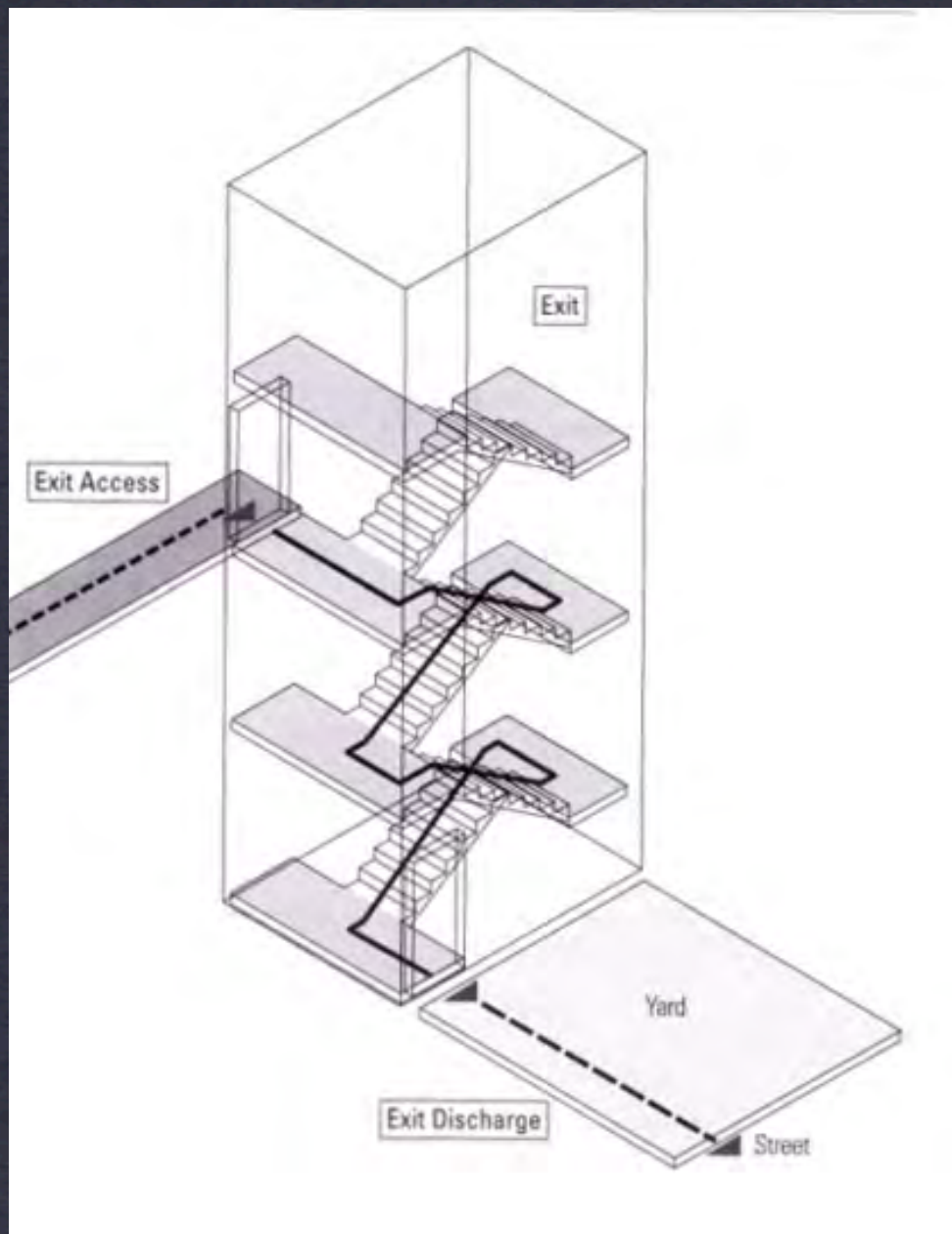
# STAIRS

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# code requirements

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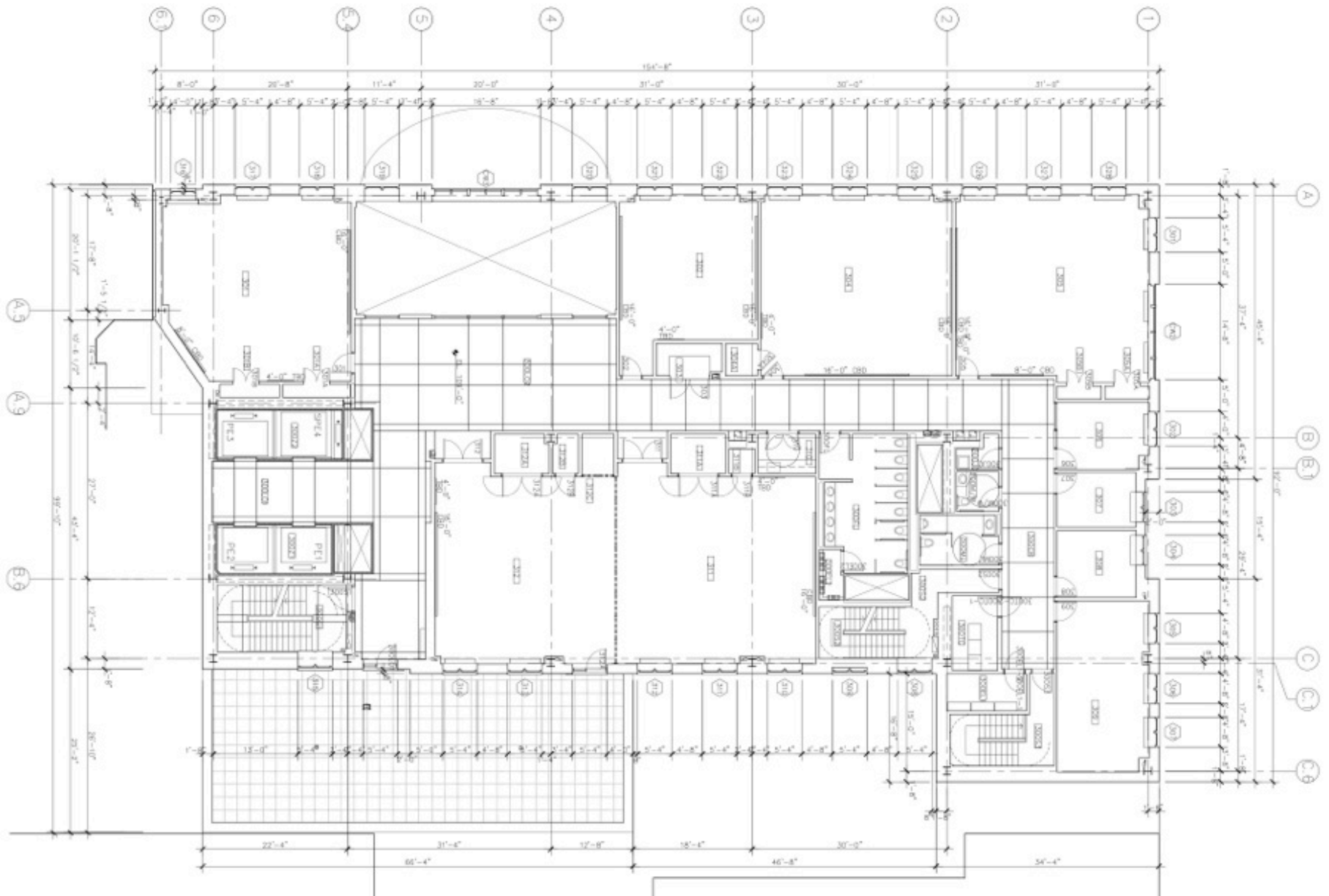
# BUILDING CODES

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egress stairs

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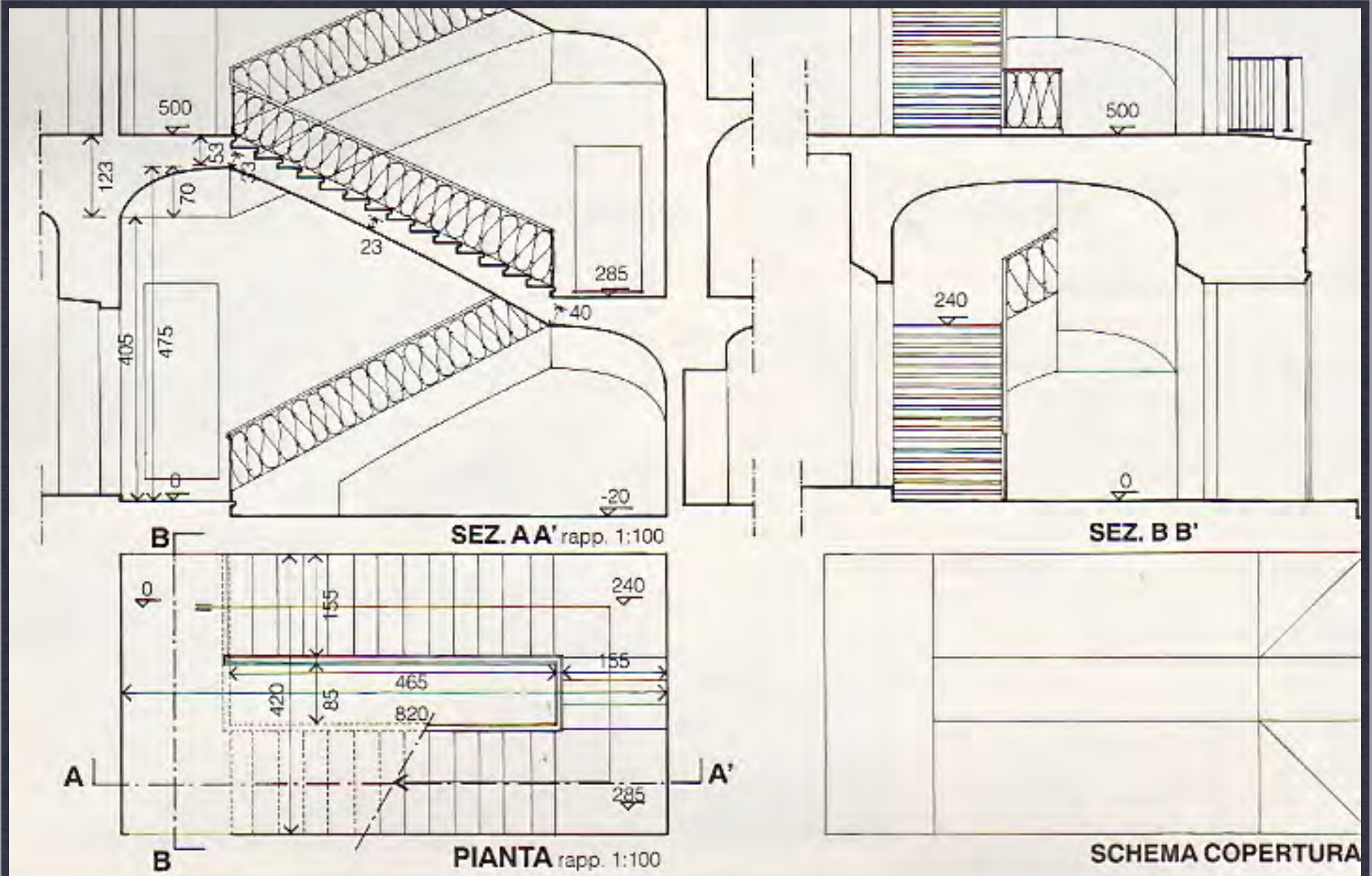


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**egress stairs (# + placement)**

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# DRAWING STAIRS

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multi view coordination

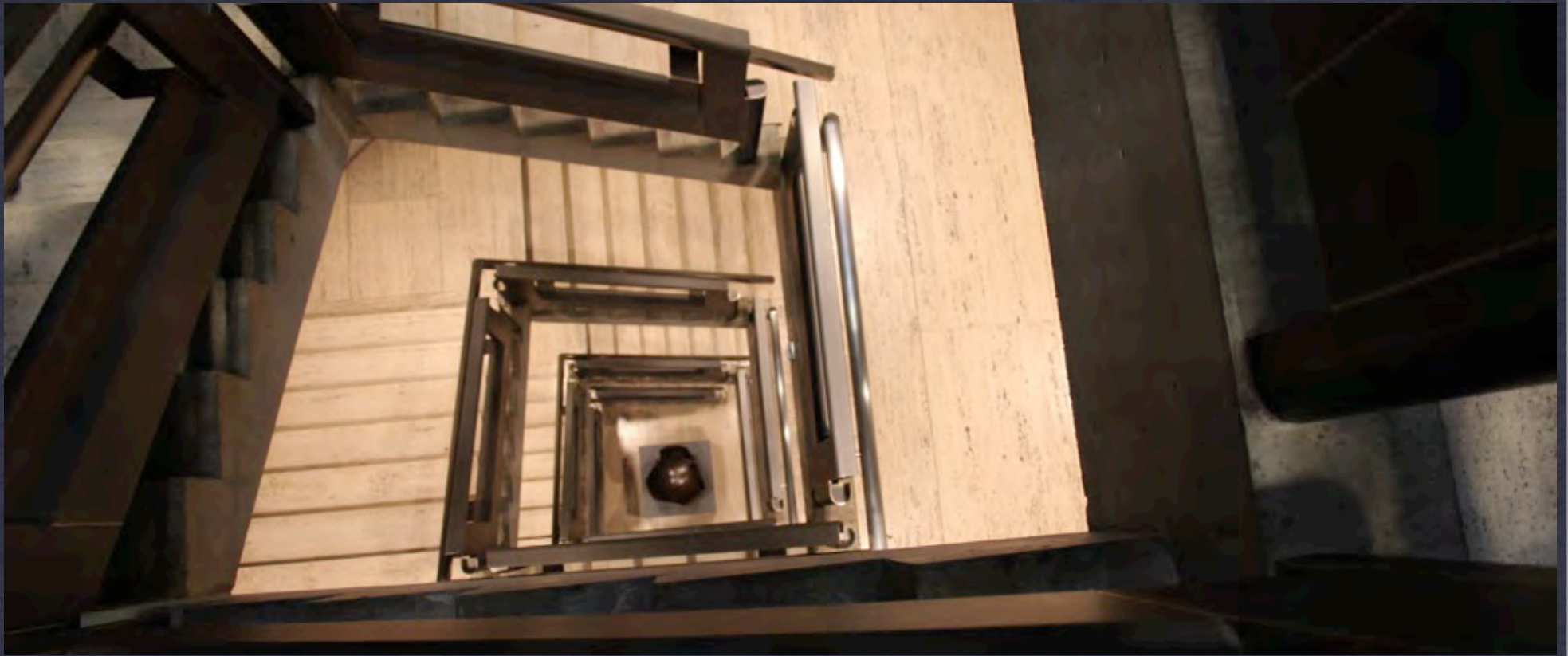
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# STAIR CONFIGURATION

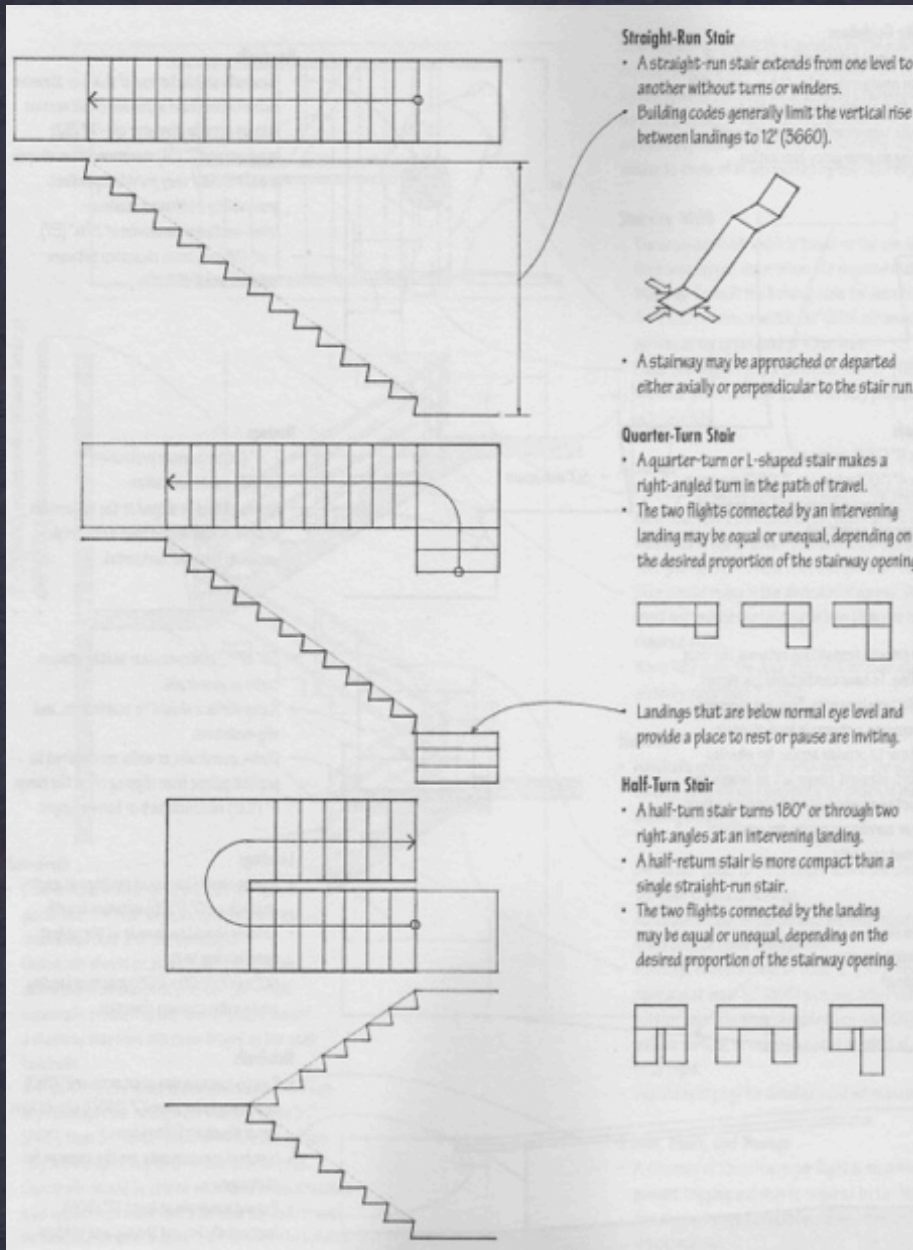


**STAIRS**

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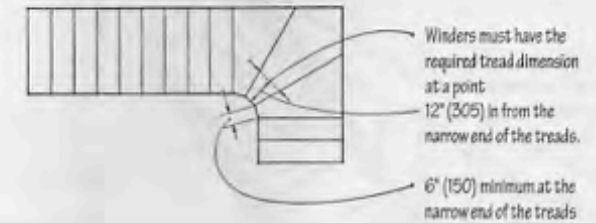
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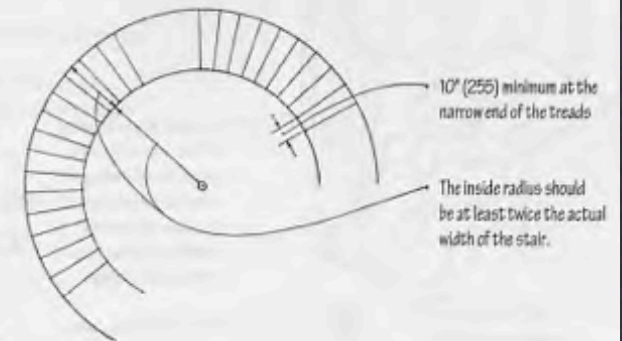
#### Winding Stair

- A winding stair is any stairway constructed with winders, as a circular or spiral stair. Quarter-turn and half-turn stairs may also use winders rather than a landing to conserve space when changing direction.
- Winders can be hazardous since they offer little foothold at their interior corners. Building codes generally restrict the use of winders to private stairs within individual dwelling units.



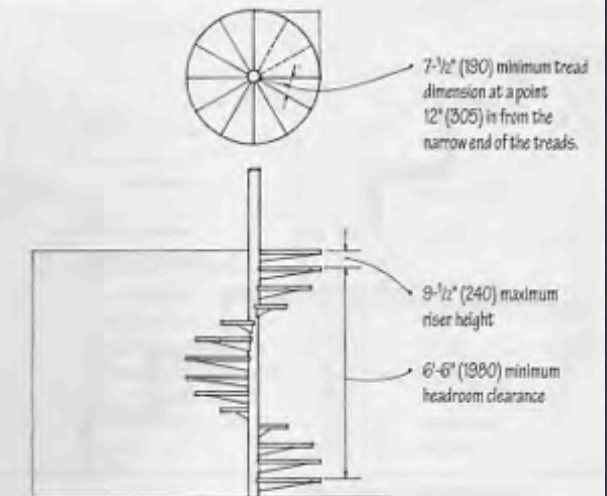
#### Circular Stair

- A circular stair, as its name implies, has a circular plan configuration. Even though a circular stair is constructed with winders, the building code may allow its use as part of the means of egress from a building if its inner radius is at least twice the actual width of the stairway.



#### Spiral Stair

- A spiral stair consists of wedge-shaped treads winding around and supported by a central post.
- Spiral stairs occupy a minimum amount of floor space, but building codes permit their use only as private stairs in individual dwelling units.
- See 9.12 for typical dimensions.



# STAIRS

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# stair configurations

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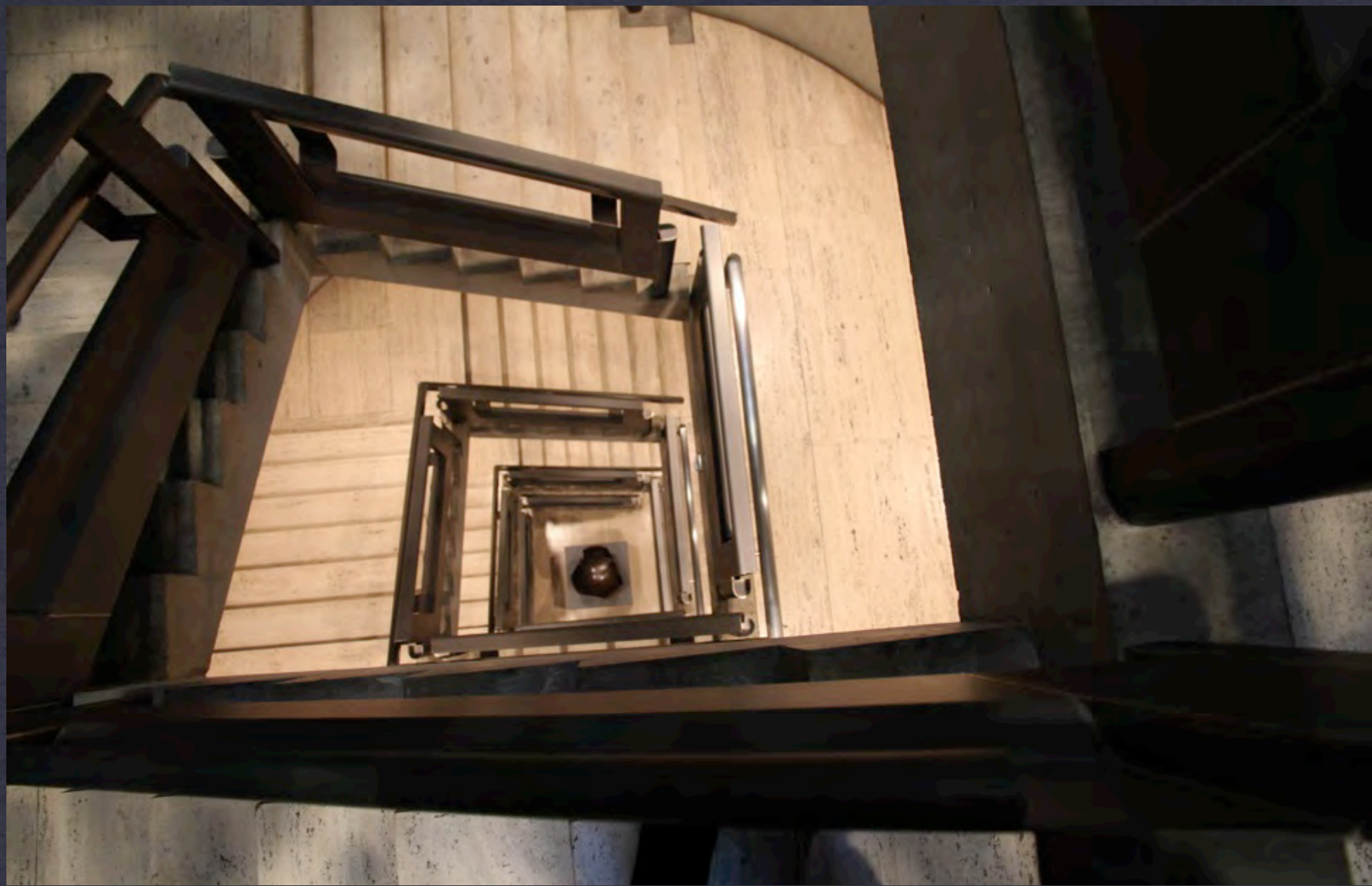
# STAIRS

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stair configurations\_straight run

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# STAIRS

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stair configurations\_half turn

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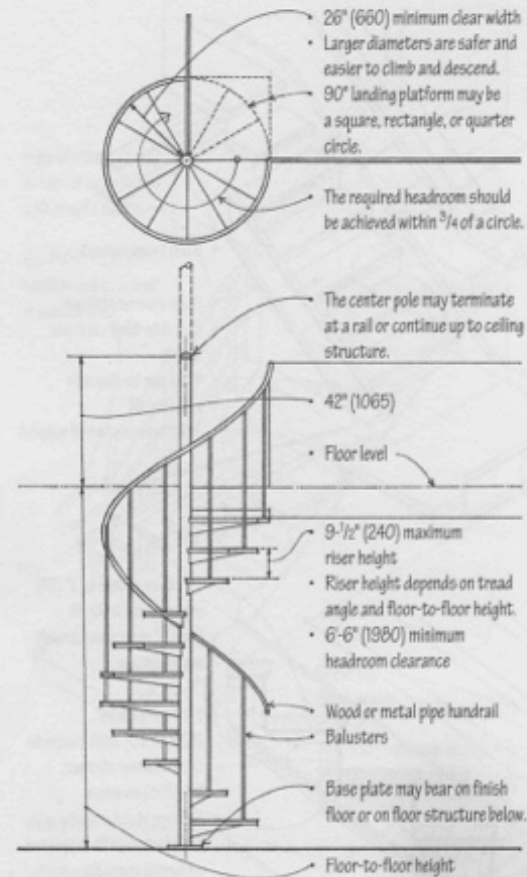
# STAIRS

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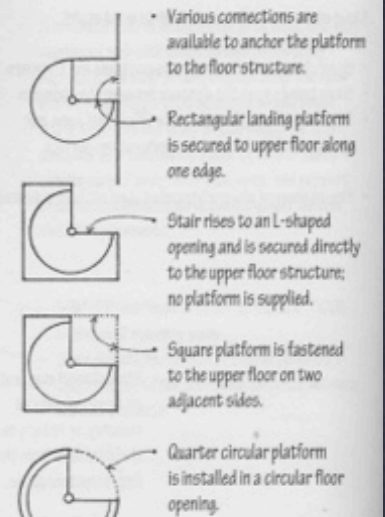
stair configurations\_winding

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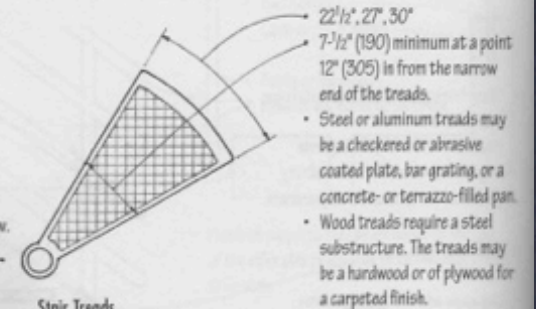




Plan and Elevation



Stair Connections



Stair Treads

Representative Sizes and Dimensions of Spiral Stairs\*

Tread angle	No. of treads in 360°	Riser height	Headroom
22 1/2°	16	7" (180)	7'-0" (2135)
27°	13	7 1/2" to 8" (190 to 205)	6'-9" (2055)
30°	12	8 1/2" to 9 1/2" (215 to 240)	6'-9" (2055)

Stair Diameter	Well Opening	Landing Size	Width Pole to Rail	Center Pole/ Base Plate Diameter
60" (1525)	64" (1625)	32" (815)	26" (660)	4 1/2" (100/305)
64" (1625)	68" (1725)	34" (865)	28" (710)	4 1/2" (100/305)
72" (1830)	76" (1930)	36" (915)	32" (815)	4 1/2" (100/305)
76" (1930)	80" (2030)	40" (1015)	34" (865)	4 1/2" (100/305)
88" (2235)	92" (2335)	46" (1170)	40" (1015)	6 1/2" (150/305)
96" (2440)	100" (2540)	50" (1270)	44" (1115)	6 1/2" (150/305)

\*Consult manufacturer's literature to verify these dimensional guidelines.

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# stair configurations\_spiral

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# STAIR CONSTRUCTION & DETAILING

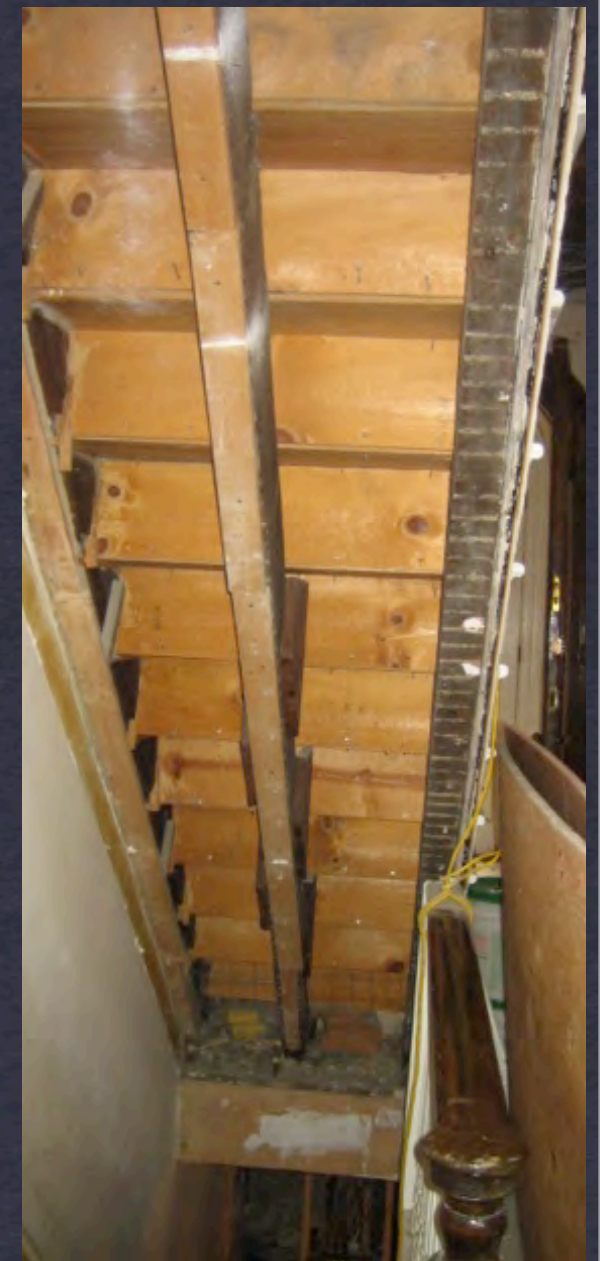
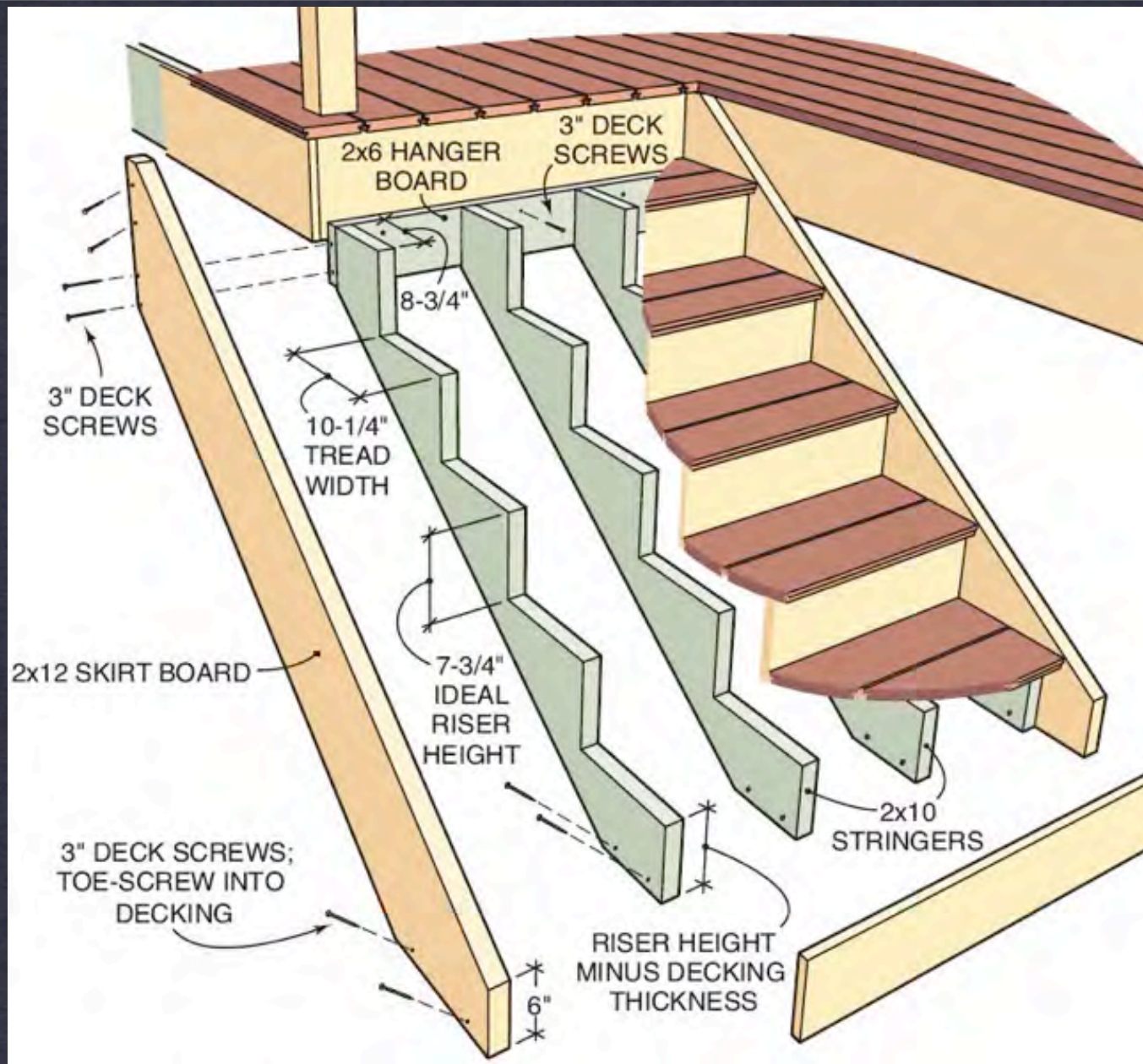


## STAIRS

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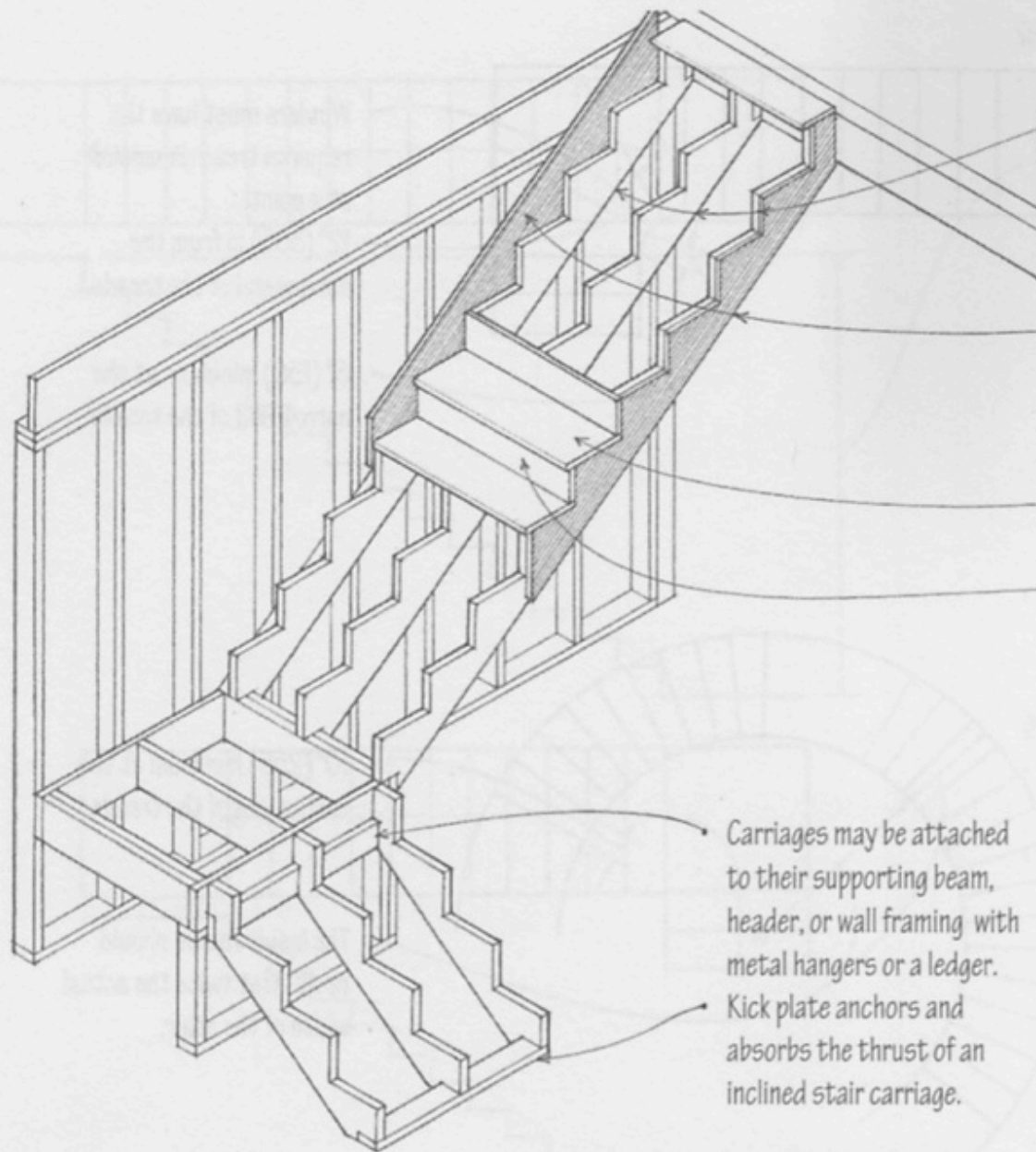
# BUILDING STAIRS

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wood construction

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A wood stair is constructed of the following elements:

- Carriages or rough stringers are the principal inclined beams supporting the treads and risers of a flight of stairs. The number and spacing of carriages required for a stairway depend on the spanning capability of the tread material.
- Stringers are the sloping finish members running alongside a staircase, against which the risers and treads terminate.
- Treads are the footways that span the distance between the supporting carriages.
- Risers are the vertical boards that close off the stair space and help make the construction rigid; some stairs have no risers.

• Carriages may be attached to their supporting beam, header, or wall framing with metal hangers or a ledger.

• Kick plate anchors and absorbs the thrust of an inclined stair carriage.

See 9.04–9.05 for handrail requirements.

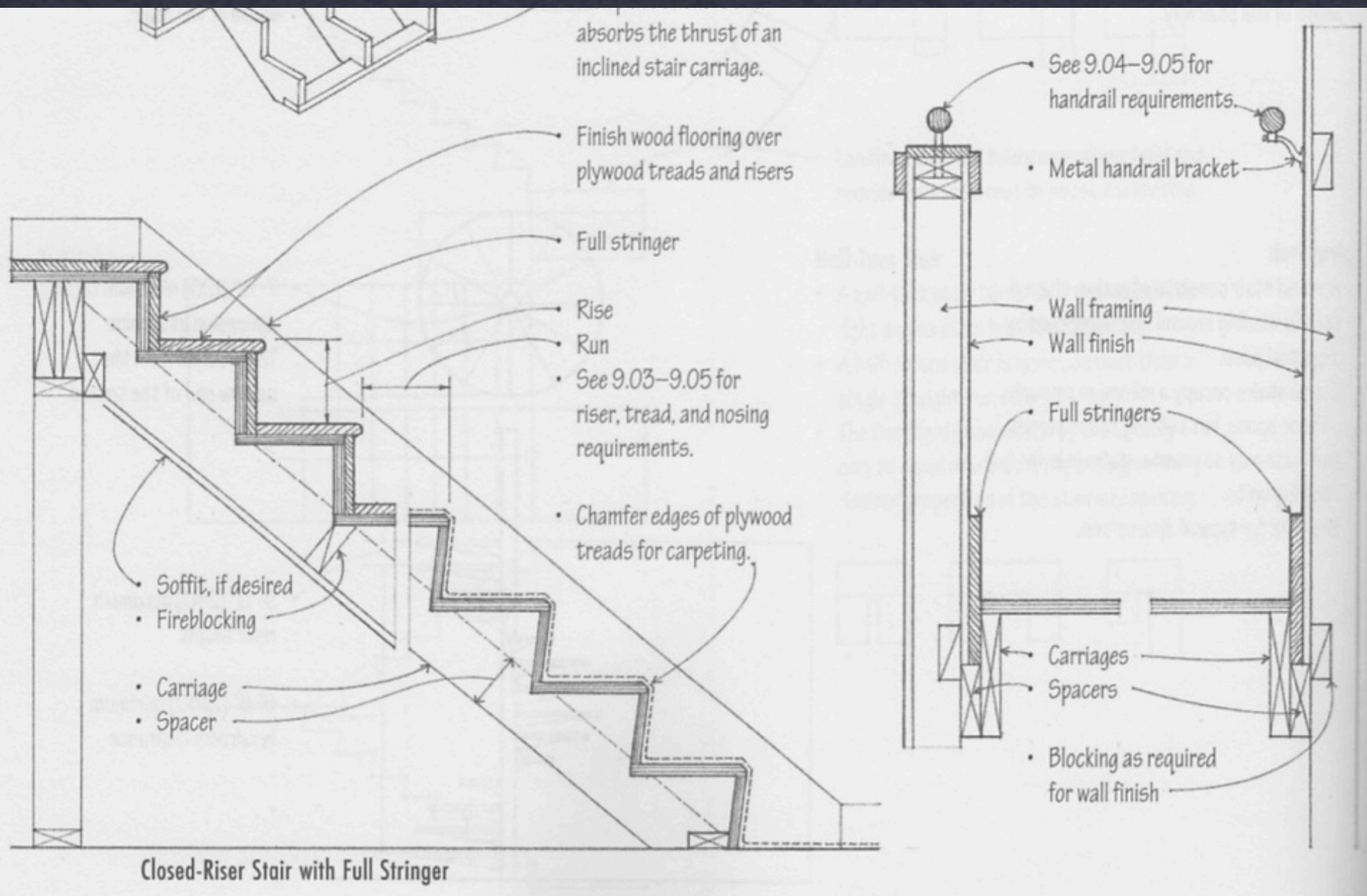
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## wood stair construction

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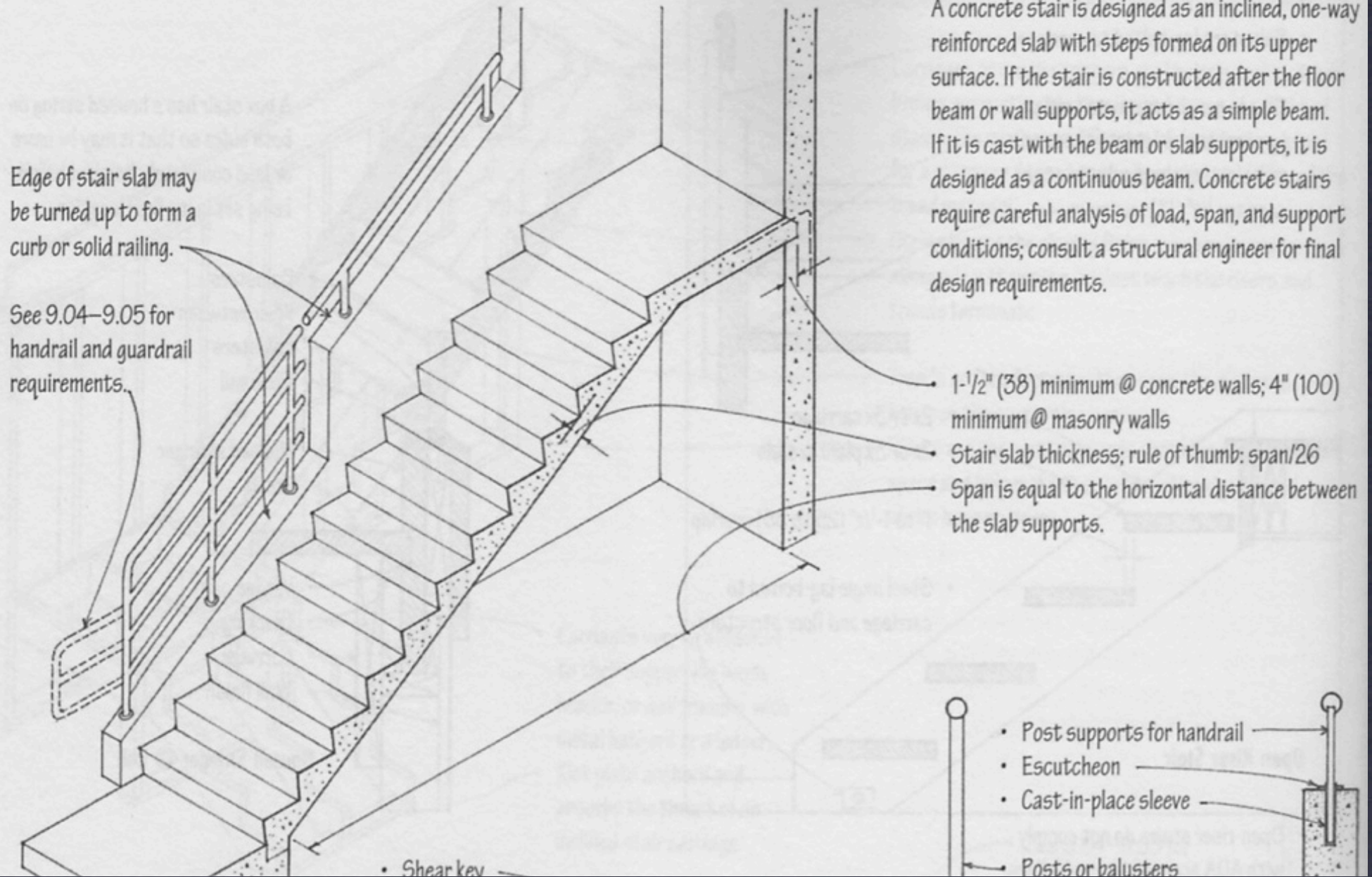
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# wood stair construction

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# STAIRS

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## concrete stair construction

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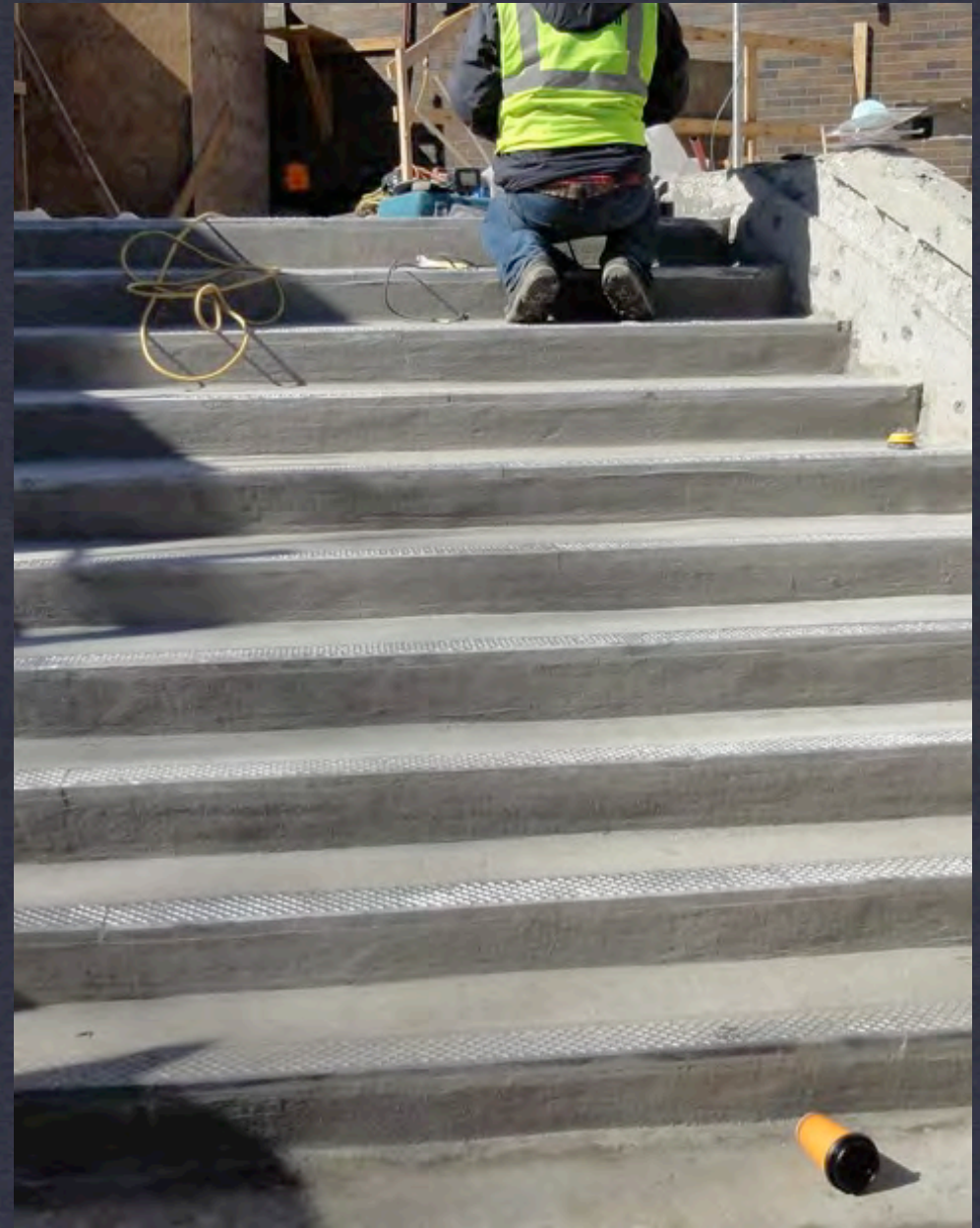
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## concrete stair construction

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# BUILDING STAIRS

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concrete construction

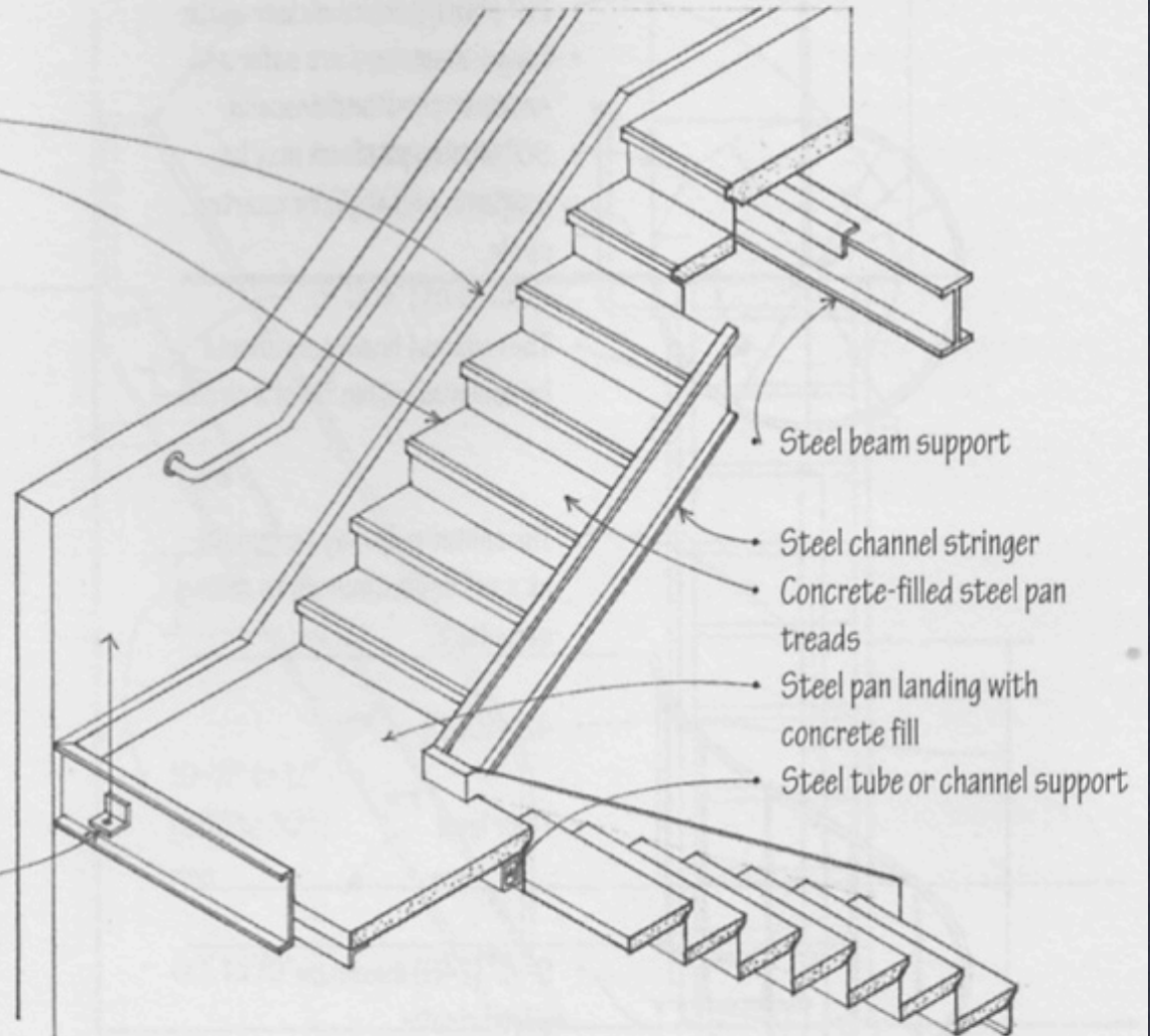
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Steel stairs are analogous in form to wood stairs.

- Steel channel sections serve as carriages and stringers.
- Stair treads span the distance between the stringers.
- Treads may consist of concrete-filled steel pans, bar grating, or flat plates with a textured top surface.
- Pre-engineered and prefabricated steel stairs are available.

- Steel channel may rest on a bearing plate on masonry, or be hung on threaded rods from the floor structure above.



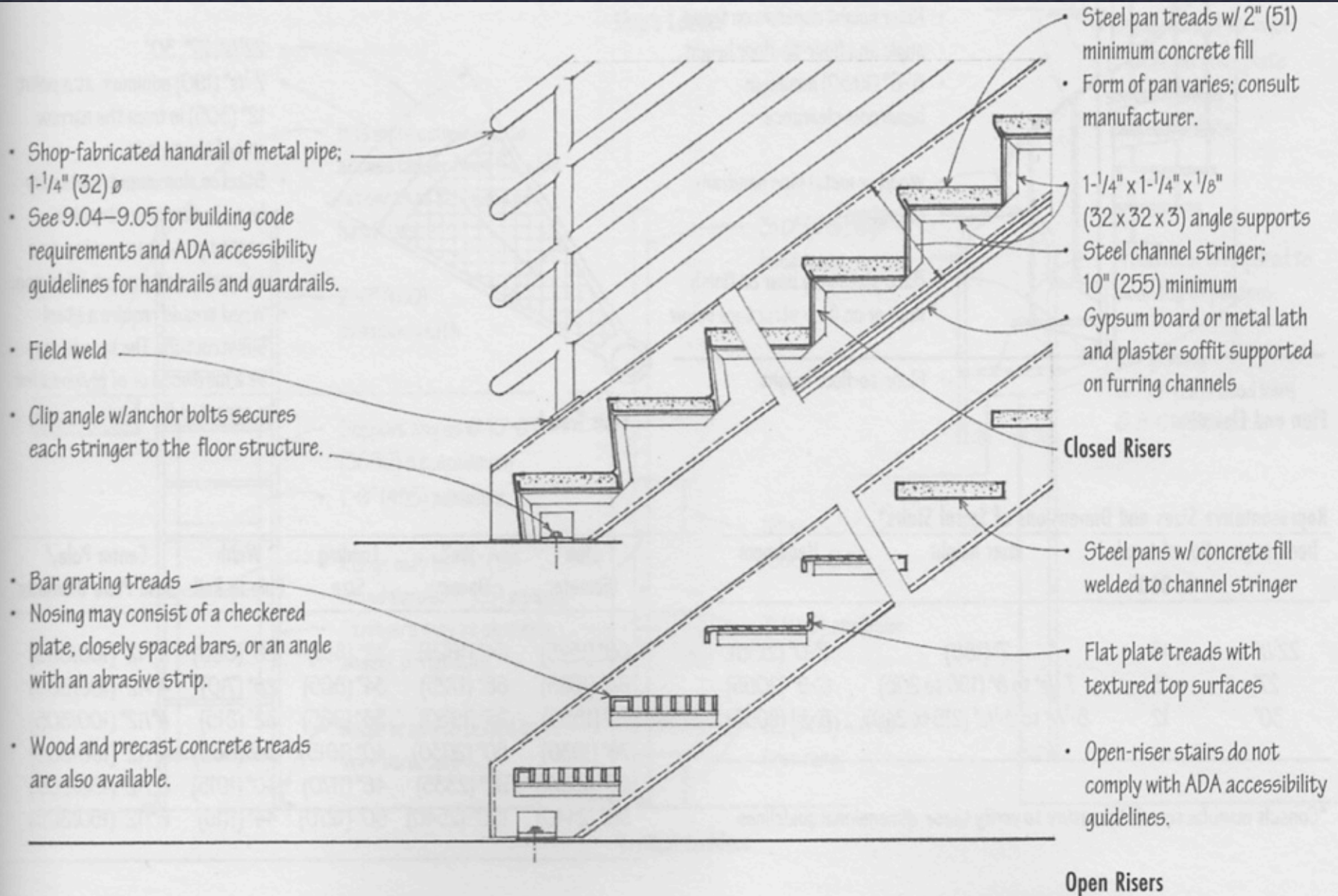
## STAIRS

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## steel stair construction

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# STAIRS

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# steel stair construction

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# BUILDING STAIRS

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steel construction

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# STAIRS

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steel + wood stair construction

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# wrap up

**STAIRS ARE WONDERFUL DESIGN OPPORTUNITIES IN BUILDINGS.**

**THEY PROVIDE THE ARCHITECT WITH AN ELEMENT OF DRAMATIC FLOW AND MOVEMENT VERTICALLY INTO THE UPPER OR LOWER REACHES OF A BUILDING OR A LANDSCAPE**

**STAIRS REQUIRE GREAT ATTENTION TO DETAIL. MOST IMPORTANTLY, THROUGH ERGONOMIC STUDY, STAIRS MUST ACHIEVE A LEVEL OF COMFORTABLE, EASY USABILITY.**

